

**UNDERGRADUATE,
VOCATIONAL and
CME TRAINING SCHEMES
for FAMILY MEDICINE DOCTORS
in GREECE:
A PERSONAL PERSPECTIVE**

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ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ
Κέντρο Υγείας Πύλου







HISTORY of FAMILY/GENERAL PRACTICE MEDICINE in GREECE

- Possibility of Specialization/Vocational Training existed legally since 1962
- Yet, very few Doctors have chosen this option
- Family/ General Practice Medicine (F/GPM) is re-launched legally in 1983, when the law foresees the creation of a Primary Health Care System



HISTORY of FAMILY/GENERAL PRACTICE MEDICINE in GREECE

- First posts of Vocational Training for F/GPM are created in big University Hospitals in Athens in November 1985 and in Thessaloniki in March 1986. Later in smaller peripheral Hospitals
- Vocational Training: 3 years



HISTORY of FAMILY/GENERAL PRACTICE MEDICINE in GREECE

- Internal Medicine
6 months
- Cardiology
2 months
- Paediatrics
3 months
- Psychiatry
3 months
- Primary Health Care Center
3 months
- General Surgery
4 months
- Orthopaedics
2 months
- ORL
1 month
- Ophthalmology
1 month
- Obstetrics – Gynaecology
3 months



HISTORY of FAMILY/GENERAL PRACTICE MEDICINE in GREECE

- Internal Medicine
6 months
- Cardiology
2 months
- Paediatrics
3 months
- Psychiatry
3 months
- Primary Health Care Center
3 months
- Dermatology
1 month
- Social Medicine –
Biostatistics
1 month
- General Surgery
6 months
- Orthopaedics
2 months
- ORL
1 month
- Ophthalmology
1 month
- Obstetrics – Gynaecology
4 months
- Microbiology
2 months
- Radiology
1 month



PERSONAL MOTIVATION

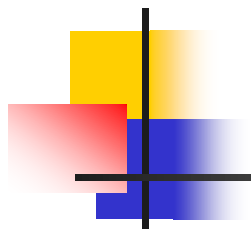
- Unhappy Incident in the 4th Year of Medical Studies (BLS Could not be provided by a Professor of the Medical Faculty)

ROLE MODEL

- Albert SCHWEITZER (1875-1965)

INSPIRATION

- Books of Archibald CRONIN (1896-1981) [*The Citadel*, 1937]



CURRENT STATUS



CURRENT STATUS

- **VOCATIONAL or SPECIALTY TRAINING**
- **UNDERGRADUATE TRAINING**
- **POSTGRADUATE/ CME/CPD TRAINING OPPORTUNITIES**



VOCATIONAL or SPECIALTY TRAINING

CURRENT STATUS

VOCATIONAL or SPECIALTY TRAINING **48 months**

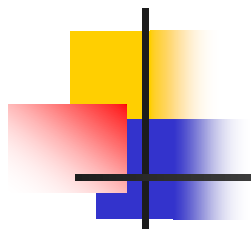
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- Internal Medicine
6 months (6)
 - Cardiology
3 months (2)
 - Paediatrics
4 months (3)
 - Psychiatry
3 months (3)
 - Primary Health Care Center
10 months (3)
 - Dermatology
2 months (1)
 - Epidemiology, Biostatistics,
Research Methodology
1 month (1)
 - General Surgery
4 months (6)
 - Orthopaedics
3 months (2)
 - ORL
2 months (1)
 - Ophthalmology
2 months (1)
 - Obstetrics – Gynaecology
3 months (4)
 - Microbiology
2 months (2)
 - Radiology
1 month (1)
 - Intensive Care Unit
2 months (0)

CURRENT STATUS

VOCATIONAL or SPECIALTY
TRAINING 48 months

PROPOSALS

- No ICU Training
- Replacement with Pre-
HOSPITAL or SPECIALTY TRAINING
Hospital/Ambulance Training
- Addition of Pneumology and
Neurology, at least 2 months
- Some propose a 5 year training



UNDERGRADUATE TRAINING

UNDERGRADUATE TRAINING



- 7 Medical Faculties in Greece
- Only in 2 (Crete and Thessaloniki), there is an ongoing training program
- In one (Athens), it started but it is currently stopped after 2 years (teaching was done by non GP/FDs, no interest from students)
- In one (Patras) promises, promises



UNDERGRADUATE TRAINING -- CRETE

- **EARLY EXPOSURE // 1st Semester**
Mandatory

45 hours of Theory and 30 hours in Primary Health Care Centers, Open Day Centers for Elderly, etc..

Empasis on Thematology concerning the Structure of the Health System and of the Primary Health Care

A. Philalithis, Associate Professor of Social Medicine

- **LATE EXPOSURE // 11th-12th Semester**

Mandatory in selected Primary Health Care Centers
4 weeks

Theoretical Lessons, Follow the daily activities (+ 4 24h shifts), practice in medical and social history taking, presentations in the amphitheatre

A. Philalithis, Associate Professor of Social Medicine,
Chr. Lionis, Professor of General Practice/Family Medicine
and Primary Health Care

UNDERGRADUATE TRAINING THESSALONIKI

- **1) EARLY EXPOSURE // 4th Semester
ELECTIVE Course**
- From the year 2004-05 in the official program of the Faculty
- Title "Introduction to Primary Health Care and General Practice/Family Medicine"
- Theory 26 hours (2 hours/week x 13 weeks) plus 2 programmed visits to preselected Health Centers
- Assessment of students demands the preparation of a paper
- The course and the teachers are assessed by the students
- 2004-2005: 80 students
2005-2006: 90 students
2006-2007: 110 students
- A. Benos, Associate Professor of Social Medicine

UNDERGRADUATE TRAINING THESSALONIKI

- **2) LATE EXPOSURE**
- 11th and 12th Semester
MANDATORY
- **Title «Clinical Training in the Primary Health Care and General Practice/ Family Medicine»**
- 1 month training in PHC settings
- 2006-7

UNDERGRADUATE TRAINING THESSALONIKI



- **3) ADDITIONAL EXPOSURE // Free ELECTIVE Course**
- **Title: «Practical Skills' Training in the Primary Health Care»**
- Started in the year 2005-6
- 2 weeks program
- Necessary to have followed the "Clinical Skills Laboratory"
- 2005-06: 44 students
2006-07: 80 students



UNDERGRADUATE TRAINING -- ATHENS

- **1) EARLY EXPOSURE // 2nd Year
ELECTIVE Course**
- Title: «Applied Physiology – General Practice/Family Medicine»
- Duration: 1 week
- Theory: 7 hours, Practice: 14 hours
- Primary Health Care Center of Vyronas, Athens
- In groups of 15 students
- 2005-2006: 226 students
2006-2007: 273 (95% of the total number of students)



UNDERGRADUATE TRAINING -- ATHENS

- **2) LATE EXPOSURE**
- **ELECTIVE Course**
- 4th/5th/6th Year

- Title: «General Practice/Family Medicine»
- 24 hours of Theory with 4 hours of visit/work in the Primary Health Care Center of Vyronas, Athens



ACADEMIC REPRESENTATION of GENERAL PRACTICE/FAMILY MEDICINE in GREECE -- October 2010

- 1 Full Professor in Crete: Prof. Christos LIONIS
- 1 Associate Professor in Thessaloniki, Macedonia: Prof. Dimitrios KOUVELAS (Department of Pharmacology)
- 1 Lecturer in the University of Ioannina, Epirus (Department of Internal Medicine)
- 1 Lecturer in the University of Larissa, Thessaly (Department of Physiology)




**POSTGRADUATE/
CME/CPD TRAINING
OPPORTUNITIES**



POSTGRADUATE/ CME/CPD TRAINING OPPORTUNITIES

- 1 Yearly Congress
- 7 Peripheral Symposia
- 4 “Schools”
- About 40 other thematic activities

An aerial photograph of a coastal resort. A large, multi-story white building with a flat roof is situated on a peninsula. To its right is a swimming pool. The surrounding area is lush with green trees and vegetation. The sea is a vibrant blue, and a white wake from a boat is visible in the lower right. In the background, there are green hills and mountains under a clear sky.

**22th
PANHELLENIC
CONGRESS
OF GENERAL
PRACTICE
/FAMILY
MEDICINE, 2010**

ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ ΓΕΝΙΚΗΣ ΙΑΤΡΙΚΗΣ (ΕΛΕΓΕΙΑ)

2ο ΠΑΝΘΕΣΣΑΛΙΚΟ ΠΕΡΙΦΕΡΙΚΟ ΣΥΜΠΟΣΙΟ ΓΕΝΙΚΗΣ ΙΑΤΡΙΚΗΣ



Περιφερικό Τμήμα
ΘΕΣΣΑΛΙΑΣ



15–17 Οκτωβρίου 2010
Ξενοδοχείο VALIS RESORT *****
Αγριά Βόλου



6 SCHOOLS of ELEGEIA

- Training the Trainers Course
- Methodology of Research in Primary Health Care
- Geriatric
- Management and Strategic Development in Primary Health Care
- COPD
- Metabolic Syndrome



6 SCHOOLS of ELEGEIA

W.H.O. Methodology

- Closed Groups
- 24 Participants
- In Remote Areas/Hotels
- 3 ½ - 4 days course
- Interactive
- Work with group dynamics



THEMATIC SEMINARS

- Depression (DEP-Relief): 4
- Dementia: 2
- Metabolic Syndrome: 4
- Hypertension: 2
- Diabetes Mellitus: 5
- Management of Chronic Pain: 1



REALITIES About CME/CPD TRAINING in GREECE

- No official/legal obligation
- No Necessity for “Point” Gathering
- No Re-Licensing Procedures
- The best CME/CPD Program of all Medical Specialties



**CURRENT STATUS
of GP/FM
in GREECE**



CURRENT STATUS of GP/FM in GREECE

- ~ 734 posts for Vocational Training
- ~ 2,500 Specialists in GP/FM
- ~ 78,000 Specialists of other Specialists

NEEDS (Study FICOSSER)

- 30-32,000 Doctors in all
- 7-8,000 General Practitioners/Family Doctors



CURRENT STATUS of GP/FM in GREECE

- ~ 250 Trainers in GP/FM
- ~ 80-100 Active Trainers
- ~ 60% of Coordinators in Hospitals are GP/FDs (inequality in geographical distribution)
- ~ 10% of GP/FDs work in the Private Sector (successfully)

JALALUDDIN RUMI

We are as the flute

- We are as the flute, and the music in us is from thee; we are as the mountain and the echo in us is from thee.
- We are as pieces of chess engaged in victory and defeat: our victory and defeat is from thee, O thou whose qualities are comely!
- Who are we, O Thou soul of our souls, that we should remain in being beside thee?
- We and our existences are really non-existence; thou art the absolute Being which manifests the perishable.
- We all are lions, but lions on a banner: because of the wind they are rushing onward from moment to moment.
- Their onward rush is visible, and the wind is unseen: may that which is unseen not fail from us!
- Our wind whereby we are moved and our being are of thy gift; our whole existence is from thy bringing into being.

Masnavi Book I, 599-607



**THANK YOU
VERY MUCH**

**for YOUR ATTENTION
and
HOSPITALITY!**